**NSC Girls Cross Country**

**Sportsmanship Awards**

**2010**

Antioch: Haedyn Smith

Grant: Trisha Palmieri

Lakes : Hannah Wittman

Lake Forest: Caitlin Sperzel

Lake Zurich: Meghan Marshalla

Libertyville: Erin Jaffke

Mundelein: Marisa Perreault

North Chicago: Rosario Olade

Round Lake

Stevenson: Tessa Lancaster

Vernon Hills: Kelly Firnbach

Warren: Meg Tully

Wauconda: Liz Michelau

Zion Benton: Jackie Rodriquez