**NSC Boy’s Cross Country**

**Sportsmanship Awards**

**2010**

Antioch: Matt Poss

Grant: Jay Wisniewski

Lakes : Ryan Hergott

Lake Forest: Ben Sperry

Lake Zurich: Trevor Feltner

Libertyville: Richard Vachula

Mundelein: Adam Fell

North Chicago: Marcus Wallace

Round Lake

Stevenson: Kevin Woods

Vernon Hills: Thom Flynn

Warren: Kevin Vollrath

Wauconda: Jake Stronz

Zion Benton: Noel Gonzalez